

Beyond the Screen: A solo exhibition by Valerie Khoo Catalog

This exhibition features Valerie Khoo's exploration of the screens that act as facades and shields in our lives. These screens can evoke a sense of mystery, or prevent the world from seeing who we really are.

This series looks at what is beyond those screens that protect us - and what it takes to break through.

1 March to 20 April 2020 at Artshine
Darling Square Bendigo Bank and Artspace, Sydney
All enquiries to purchase: vinh@artshine.com.au



'Beyond the screen' is about what lies beyond the facades we use in our lives. This piece is about emerging from whatever we've put in place to shield ourselves from the world – and the freedom we experience when we finally embrace who we really are.

57 x 40.5 x 2.5cm Acrylic on artisan wood panel VC-W-0020-2064 \$495







'Metamorphorsis' is about how we're able to transform our lives when we give ourselves permission to indulge in our secret passions. Because it's only when we remove the blocks we put in front of ourselves that we are finally able to discover what we're truly called to do.

57 x 40.5 x 5cm VC-W-0020-2066 \$495



'The Secret Garden' is about the sanctuary we go to - even if it's an intellectual experience as opposed to a physical one - where we are truly honest with ourselves. Where we can face our fears, our deep desires, and recognise we have dreams that may have yet to be realised - but which can now motivate us to go on.

57 x 40.5 x 5cm VC-W-0020-2066 \$495





'Songbird'. This piece is about paying attention to the creative nudges inside us so that we can discover the hidden talents that bring us joy. It's about giving ourselves permission to take risks and feed our creative souls.

37 x 27 x 2.5cm VC-W-0020-2067 \$345





'Explore' is about the anticipation and discovery that fills our lives when we give in to our creative curiosity and follow our passions.

37 x 27 x 2.5cm VC-W-0020-2074 \$345





'Solo Adventure' is about the bliss of traversing into new terrain, driven only by your thoughts, agenda and curiosity. It's about giving yourself freedom from obligations so that you can put your creativity first.

37 x 27 x 2.5cm VC-W-0020-2075 \$345





'Dragonflies' is about that moment of self-realisation when we finally know we're more adaptable, resilient and powerful than we once thought. Dragonflies are versatile and can fly in any direction; they can also hover in a single spot. This piece is dedicated to stepping into your own power and understanding that you already have all the talent you need to get where you want to go.

57 x 40.5 x 2.5cm VC-W-0020-2068 \$495







'Connection' is about the bonds we make with the special people in our lives. It's about letting our guard down, allowing people to support you and being vulnerable so you can share what's really important to you.

50 x 50 x 5cm VC-W-0020-2069 \$495



'Wonderment' is about that sense of awe that comes over us when we finally see what's really possible. It's excitement, anticipation and, above all, hope for what the future has in store.

81 x 122 x 5 VC-W-0020-2078 \$1195





'The next step' is about having the courage to strip away your protective armour so you can step into the next chapter of your life. It's about being brave enough to leave behind what's comfortable in order to seek the adventure of true fulfilment.

37 x 27 x 2.5cm VC-W-0020-2070 \$345





'Feed your soul' is about prioritising the creative activities that are going to bring us fulfilment. It's about setting aside the expectations of people and being honest about what really makes us happy.

37 x 27 x 2.5cm VC-W-0020-2071 \$345





'Forge' is about a singular obsession that helps us get to where we want to go. Whether that involves late nights or challenging situations, it's about the determination to forge ahead in order to achieve our dreams.

37 x 27 x 2.5cm VC-W-0020-2072 \$345







'Harmony' is about creating an environment where you can truly shine. It's about finding the right support, mentors, cheerleaders and friends who will encourage you as you follow your dreams. It's about casting aside the blocks that convince you that you're not worthy – and nurturing the people who know that you are.

80 x 60 x 5cm VC-W-0020-2076 \$695

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'Magnificence' is about an appreciation of the beauty and opportunity that surrounds us. It's that moment when you realise that you have everything you need – right now – to achieve everything you want.

57 x 40.5 x 5cm VC-W-0020-2073 \$495





'Balance' is the equilibrium we achieve when we nurture every part of our life. It's about the flow we experience when we focus the right amount of time on our passions, our family - and ourselves.

57 x 40.5 x 5cm VC-W-0020-2077 \$495





'Zen Meditation' is about the peacefulness we need in order to hear the voice of wisdom that is always within us. It's a reminder to cultivate simplicity in a life that can be full of distraction. And that we should make time for ourselves so the clarity we seek emerges into a beautiful and tantalising vision.

37 x 27 x 2.5cm VC-W-0019-2062 \$345



